New Mexico Interagency Behavioral Health Purchasing Collaborative

Collaboration for Recovery, Resiliency and Empowerment



Aging and Long-Term Services Department

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Public Education Department For Immediate Release November 4, 2009 Contact: Betina Gonzales McCracken (505) 476-6205

2009 New Mexico Behavioral Health Conference Includes New Approaches for Helping Veterans and Their Families

SANTA FE – The 2009 Behavioral Health Collaborative Conference *Real People, Real Lives* is dedicating a series of workshops on issues facing Veterans and family members of Veterans during the upcoming Conference, December 8-11, 2009 at the Embassy Suites Hotel, 1000 Woodward Place, NE in Albuquerque

"National and local presenters will help lead us through what works when engaging veterans and their families through our state," said Harrison Kinney, Executive Manager of the Behavioral Health Services Division with the Human Services Department. "This series of workshops will provide cutting edge, critical information that any provider who serves veterans and their families needs to know."

The workshops are:

- Understanding and Supporting New Mexico Veterans and their Families, Tuesday, December 8, 2009 - Presenters are Christopher Burmeister, MS, Administrator for New Mexico Veteran and Family Support Services (VFSS) at Presbyterian Medical Services (PMS) and Hoyt Roberson, MC,MS, LMFT, Clinical Supervisor, PMS-VFSS. This workshop will describe the combat environment, emotional reactions to it, and treatment challenges faced by returning and deployed veterans, their families, and their providers. The VFSS program will be described as will the necessary requirements for referral agencies. Included in this discussion will be Native American and traditional approaches to healing.
- Post Traumatic Stress Disorder (PTSD): Theory, Research and Treatment, Wednesday, December 9, 2009 – Presenter Eric Kuhn, Ph.D., Co-Director for Education in the VA's Sierra Pacific Mental Health Illness Research, Education and Clinical Center will lead this workshop and provide an overview of the theory, research and treatment of PTSD specifically focusing on military-related PTSD. It will also highlight the important role of social support from family and friends in successful recovery from PTSD.
- The Future of Veteran and Family Services in New Mexico, Thursday, December 10, 2009 – Presenters: Eric Kuhn, PhD, Christopher Burmeister, MS, and Hoyt Roberson, MC, MS, LMFT, will lead this workshop that offers next steps in New Mexico's initiative for the behavioral health care of veterans and their families, provider training entry points for treatment services and other program nuances that will help providers in meeting the treatment needs of veterans and their families.

The conference has applied for Continuing Education approval from several professions and boards.

Early bird registration ends November 21, 2009. Four-day attendance registration, which includes Ethics or Cultural Competency Training, is \$260, three-day attendance registration is \$169 and one day attendance registration is \$80. Registration scholarships are available for providers and educators, family members and youth.

For complete information about the conference, agenda, registration, continuing education, and more please visit the conference website at <u>www.bhcollaborative.org</u> or contact Harrison Kinney at <u>Harrison.kinney@state.nm.us</u>

About the Collaborative

The Collaborative was created during the 2004 Legislature to allow most state agencies and resources involved in behavioral health treatment and recovery to work as one in an effort to improve mental health and substance abuse services in New Mexico. This cabinet-level group represents 15 agencies and Governor Bill Richardson's office.