

**Minutes of the
Behavioral Health Planning Council
Native American Subcommittee Meeting
4/19/22
Telephonic/zoom 1:00 PM**

| | |
|---|---|
| <p>Call to Order; Invocation and Welcome</p> | <p>Jane Jackson Bear and Eldred Lesensee Co-chairs, called the meeting to order via conference call/zoom at 1:05 PM. Becky took notes. Attendees: Jane Jackson Bear, Natalie Rivera, Becky Ballantine, Evelyn Naranjo, Dr. Carolyn Morris, Donna Seifert, Natalie Rivera, Gail Crain, Eldred Lesensee, Craig Sandoval, Erik Lujan, Layne Klbfleisch, Jon Tsabetsaye, Sharon Notah, Shelly Begay, Stanford Kemp, Theresa Belanger, Jennifer Sandoval, Ken Reid, Lonna Valdez, Arya Showers, Dr. Michelle Brinser, Lona Valdez, Nathan Tsosie, Dorothy Forbes Sack, Geralyn Antonio, Jeanne Miller, Jenifer Nanez, Molly Conway, Wendy Price, Molly Conway, Geralyn Antonio, Dianna Trujillo. Sheila Herrera, Dorothy Forbes Sack, Peter Madalena, Jovana Archuletta</p> |
| <p>Welcome, Approval of Agenda and Minutes</p> | <p>Evelyn Naranjo facilitated the opening prayer. Jane Jackson Bear welcomed all. The agenda approval – Evelyn moved and Gail 2nd. Agenda was approved by consensus with the amendment to have a round of hellos and introductions.</p> |
| <p>LC 18 presentation Esperanza Shelter. Molly Conway and Donna Forbes Sack</p> | <p>Esperanza Shelter is a Domestic violence shelter in Northern NM. They accept people from all over the state and the country. The mission statement is <i>Shelter those who are threatened by domestic violence and provide a violence free environment</i>. Emergency, Transitional housing, Therapy for the whole family is all managed in a case management format. Molly described the different facets of the program and how they serve clients and create partnerships. The program is revived to capacity after the pandemic shutdowns and mitigations without curtailing services. Molly shared phone numbers and contact information. Donna Sac – A Dr. of Anthropology who focuses on historical abuse of women. 505-660-2812: she works in the New Mexico District one courthouse in Santa Fe representing Esperanza. They have an office in the courthouse where they work with facilitating the orders of protection. She explained orders of protection and who the parties to the order are. Donna explained the process as well. nmcourts.org is a good reference. A wide range of behaviors included under the orders of protection. They offer guidance, assisting victims in processing and the filing of orders as it can be confusing and difficult. Questions and answers took place. The service area is in Northern NM but will consider all referrals.</p> |
| <p>Local collaborative 18 – presentation 2E consultants</p> | <p>Lane Kalbfleisch PHD. teacher, author, practitioner, nurse, and from the Ojibwe clan of family protectors. She spoke about her skill sets professionally and how engages it in traditional work. Lane is now a private practitioner. She does evaluation, assessment, social skills and training. She does this work in Espanola at 2E consultants. She worked through the pandemic. Lane showed a video of what happens at 2E and then discussed the processes that take place for the clients.</p> |

| | |
|-------------------------------------|---|
| | They will be doing pottery work this summer with groups. She also showed the group about her book. A medicine wheel was introduced as a teaching tool. |
| NM Indigenous Youth Council updates | Eldred shared IYC activities and how to access them online. Age 16-25 is the general age. Eldred recognized members. He asked for outreach on the web IAD web site. There will be an in person Indigenous youth summit this year. It will be the second but the first in person. Details are on the IAD web site. |
| Open discussion and announcements | Jane hosted an open discussion. Becky discussed the banner project of LC 16 and Cabinet Secretary Trujillo; Eldred and Jane were thanked for the contributions for the LC funding this year. Evelyn gave thanks to all for the help and assistance all were giving her. |
| Closing remarks | Meeting was adjourned at 3:00 PM Next meeting to be June 21, 202 at 1:00 PM to 3:00 PM |

**Minutes of the
Behavioral Health Planning Council
Native American Subcommittee Meeting
June 21, 2022
Telephonic/zoom 1:00 pm – 3:00pm**

| | |
|---|---|
| <p>Call to Order; Invocation and Welcome</p> | <p>Jane Jackson Bear, NASC co-chair and Noreen Kelly (guest host) called the meeting to order via conference call/zoom at 1:09 pm.</p> <p>Attendees: Jane Jackson Bear, Natalie Rivera, Dr. Michell Brandser, Noreen Kelly, Colinda Vallo, Bryce Pittenger, Beccy Ballentine, Sade Ali, Gail Buckley, Raquel Guzman, Stacey Keener, Stanford Kemp, Dorothy Carviso, Kerry Moriarty, Dr. Carolyn Morris, Rick Vigil, Arya Shower, Winona Gishal, Sharon Notah, Evelyn Naranjo, Alisha Shelbown, Geralyn Antonio, Alleyne Toya, Arcenio Charleston, Cynthia Romero, Rick Maces, Beaver Northcloud, Paul Magdalena, Wendy Price, Adelbert Quiver, Lagina Loneagle, J. Sandoval</p> |
| <p>Welcome, Approval of Agenda and Minutes</p> | <p>Dorothy Carviso facilitated the opening prayer.</p> <p>Agenda approval – Rick Vigil moved and Beaver North-Cloud 2nd. Agenda was approved by consensus. No amendments were made to the agenda.</p> <p>Meeting minutes for April 2022 were reviewed. Rick Vigil moved to approve minutes and Beaver North-Cloud 2nd. The meeting minutes were approved by consensus. No change to minutes.</p> |
| <p>Zero Suicide Presentation</p> | <p>Presenter: Sade Ali</p> <p>Sade provided an overview of the framework used by Zero Suicide to educate consumers about their organization and purpose. There is no word for suicide in any Native American language, however the framework used by Zero Suicide is used to help people have a better understanding about suicide. In addition to his prevalence of suicide in tribal communities, Native Americans are also impacted by many layers of trauma. Sade referenced the use of medicine wheel and related the medicine wheel to the 7 core elements in the Zero Suicide framework. The 7 elements are: Lead, Train, Identify, Engage, Treat, Transition and Improve. Sade reviewed and explained each element thoroughly. Zero suicide does have a tool kit for more information available on their website. https://zerosuicide.edc.org/</p> |
| <p>Depression and how Covid-19 has impacted our tribal communities - presentation</p> | <p>Presenter: Dr. Carolyn Morris</p> <p>The presentation provided by Dr. Morris included information on depression, grief and the impact of Covid-19 on tribal communities. Dr. Morris provided information on the type of screening tools utilized at the Canonicito Behavioral Health Program. She went over many screening instruments (i.e PHQ9, GAD7, Columbia Suicide Screening tool, Life Events Checklist, etc.) to help her assess and evaluate the mental health of clients/patients referred to the program. Dr. Morris has helped many community members to process grief associated with loss of loved one</p> |

| | |
|-----------------------------|---|
| | <p>through the Covid-19 pandemic and continues to offer support as needed. Her presentation was made through the lens of a Native American provider, which made her presentation very powerful and eye opening. The Covid-19 pandemic has impacted many tribal communities and continues to be of high concern in many areas.</p> |
| Local Collaborative Updates | <p>LC 15 – Noreen Kelly reported that the Navajo Nation is semi-open and is still taking precautions. Due to the Covid-19 variants, the Navajo Nation continues to be on high alert. Due to the Covid-19 pandemic, LC 15 has not had the opportunity to host events over the past month or so. It was recommended by Natalie Rivera that zoom meetings should continue, if the collaboratives are in need of a zoom account there are funds that can help pay for an account. Noreen reported she has already purchased a zoom account. No further information provided.</p> <p>LC 16 – Rebecca Ballantine (a.k.a Becky) reported the collaborative did not have any new events or activities to report at this meeting. She indicated the Veteran’s Center in Kewa Pueblo will be opening soon and are still supporting the efforts being made to re-open the center. Becky also reported that she has submitted her annual report to Colinda Vallo. LC 16 is preparing to start the new fiscal year and are looking forward to their upcoming meeting in July 2022. LC 16 is still meeting virtually and have not returned to in person meetings.</p> <p>LC 18 – Evelyn Naranjo reported San Ildefonso Pueblo is open to the public, however the LC meetings are still being held via zoom. Despite the Covid-19 pandemic, LC 18 continues to have its monthly meetings. At the last meeting there was a presentation on suicide. Evelyn reported she has purchased t-shirts with the LC18 logo, magnets and vinyl stickers for display at community events to be used for outreach purposes. Ms. Naranjo expressed she misses Eldren Lasansee and wishes him well.</p> |
| 988 Crisis Now Update | <p>It was reported that there is a 988 tribal workgroup which was established in June 2021. Concerns about consistent participation and discussions involving the identification of challenges, tribal capacity, utilization of crisis teams, etc. were raised. The 988 tribal workgroup was contracted to the UNM Community Behavioral Health program, however, on 06/30/2022 the workgroup was being reverted back to the HSD-BHSD to be lead by the newly hired Native American Liaison, Colinda Vallo.</p> |
| Closing remarks | <p>Meeting was adjourned at 3:14 pm</p> <p>Next meeting to be August 16, 2022 at 1:00 PM to 3:00 PM</p> |