



OVERVIEW:

- The Behavioral Health Planning Council (BHPC) is a federally required council that advises the Governor, legislature, and state agencies regarding behavioral health services, and in the use of the combined Community Mental Health Services and the Substance Abuse Prevention and Treatment Block Grants. State law also charges the BHPC with advising the NM Interagency Behavioral Health Purchasing Collaborative and the Governor on behavioral health policies, services, and community priorities.
- New Mexico established its first Governor's Mental Health Planning Council in 1999 to advise the state in the use of Federal Block Grant dollars. The original Council transitioned into the current BHPC in 2004 and addresses both mental illness and substance abuse in all age groups.
- The 23 current BHPC members represent urban, rural and frontier NM; 51% of members are consumers and/or family members.

SUMMARY:

The BHPC members are appointed by the Governor to provide diverse demographic and statewide representation of stakeholders in the planning process, including consumers and family members, Native Americans, advocates, providers, and state agency representatives. The BHPC has actively participated in numerous consumer and family initiatives to further recovery and resilience. Activities during the last 7 years include:

- House Memorial 45 – addressed treatment guardians and community engagement;
- House Joint Memorial 17 on crisis services;
- Advised the Collaborative in the development of the 2011-2014 Strategic Plan;
- Advised HSD and the Collaborative in Legislative Priorities, including developing local systems of care and sustainability of services with available resources;
- Advised HSD in the development of standards regarding services for consumers and their family members;
- Reviewed and made recommendations regarding CMHS and SAPT block grant applications and reports;
- Reviewed and made recommendations regarding the OptumHealth Community Reinvestment Applications
- Conducted a project to map behavioral health services for the past several years in cooperation with the Adult and Long Term Services Department. The mapping project was designed to identify available resources statewide, whether they are private, not-for-profit, volunteer, or faith-based support groups, for children or adults, or across life spans.
- Participated on the Core Service Agency Communications and Collected Learning workgroups;
- Participated on State Behavioral Health Conference planning groups on crisis, recovery and trauma;
- Participated on educational work groups to better understand health care reform issues, including mental health parity, Centennial Care, and the NMHIX.
- The BHPC has a number of statutory subcommittees to assist with planning: Native American, Children and Adolescent, Adult, Substance Abuse, and Medicaid. To increase participation in the subcommittees, particularly from the frontier and rural areas, meetings are being conducted by teleconferencing to reduce travel requirements. The subcommittees focus on the development of annual strategic priorities. For example, the Native American Subcommittee hosts annual summits to address important topics of concern in Native American communities. These summits are attended by a broad range of people, well beyond the membership of the Native American subcommittee. The Adult, Substance Abuse and Medicaid subcommittee compiled wellness brochures using SAMHSA's eight Dimensions of Wellness as its model.



HSD FY2015 STRATEGIC PLAN:

Goal 4: Improve Behavioral Health Services

Task 4.1: Strengthen a Behavioral Health System of Care

Task 4.2: Integrate New Mexico's behavioral health system within the changing healthcare environment.

Task 4.3: Boost Accountability Auditing and Assistance

Task 4.4: Reduce adverse impacts of substance abuse and mental illness on individuals, families and communities

CURRENT FUNDING:

In SFY 2015, the BHPC has an annual budget of \$34,100 from the State General Fund and Support from the State Entity (Optum) of \$11,533.

CURRENT PROGRAM STATUS:

- BHPC has a representative on the Trauma Informed System of Care Steering Committee.
- The BHPC Chair is included in the state Collaborative Leadership Committee.
- The BHPC Chair reports quarterly to the state Collaborative on how the BHPC is addressing various behavioral health issues affecting New Mexicans.

FACTS:

- The statutory subcommittees have one seat designated for one voting member from each of the local collaboratives to allow perspectives and input from across the state.
- The BHPC meets quarterly by video conference to reduce the hardship of long distance travel and maintain a viable budget.
- The 8th annual Behavioral Health (BH) Day at the Legislature was held in January 2014, which honored individuals from 16 local collaboratives. BHPC sponsored the several retreats to hear about new local and statewide consumer and family initiatives. Guest speakers included the Regional Administrator from SAMHSA.
- The Governor appointed BHPC members during the year; several of the previous members were re-appointed and others are new to the BHPC.