DEAF & HARD OF HEARING INFO - CORONAVIRUS Links

- New Mexico Department of Health
  COVID-19 Hotline: 1-855-600-3453
- New Mexico Commission for Deaf and Hard of Hearing
- City of Albuquerque

PREVENTING ILLNESS

- WASH HANDS
- CLEAN OBJECTS & SURFACES
- DO NOT TOUCH FACE
- COVER COUGH
- STAY HOME
- AVOID CROWDS
- SOCIAL DISTANCE
- AVOID TRAVEL

GET MEDICAL HELP

- CONTACT DOCTOR
- MEDICAL STAFF
- AMBULANCE
- HOSPITAL

PREFERRED METHOD OF COMMUNICATION

- INTERPRETER
- TEXT/CAPTIONS
- WRITING
- LIP READING
- GESTURES
- ASSISTIVE LISTENING DEVICE

QUICK COMMUNICATION

- GO
- WAIT
- STOP
- DON’T KNOW
- YES
- NO

TIPS FOR HEALTH PROVIDER

- Get the person’s attention and make eye contact
- Repeat, rephrase, or write down your request
- Ask and/or indicate before touching the person
- Ask the person their preferred method of communication
- Minimize the number of people interacting with the patient
- Know that hearing aids/cochlear implants may improve hearing, but a person may still benefit from an assistive listening device and still may not understand all that you say.

WASH HANDS
- COVER COUGH
- DO NOT TOUCH FACE
- AVOID CROWDS
- SOCIAL DISTANCE
- AVOID TRAVEL

City of Albuquerque
New Mexico Department of Health
COVID-19 Hotline: 1-855-600-3453
New Mexico Commission for Deaf and Hard of Hearing

© 2020 NMCDDHH.
HOW DO YOU FEEL?

- No pain
- Mild pain
- Moderate pain
- Severe pain
- Very severe pain
- Worst possible pain

HOW LONG HAVE YOU HAD SYMPTOMS?

- Minutes
- Hours
- Days
- Weeks
- Months
- Years

SITUATION, HISTORY & SYMPTOMS

- Fever
- Cough
- Short of breath
- Sore throat
- Headache
- Wear a mask
- Vomiting
- Diarrhea
- Blood pressure
- Heart disease
- Travel history
- Sick family member

TREATMENT & CARE

- Medical staff
- Contact doctor
- Ambulance
- Hospital
- Medical test
- Oxygen
- Inhaler
- Medicine
- Contact family
- Appointment
- Stay home
- Throw away tissues
- Clean hands

Special Thanks to the Massachusetts Commission for the Deaf and Hard of Hearing and the Wisconsin Council on Disabilities for sharing their tools.

HTTPS://CDHH.STATE.NM.US

March 2020