

## New Mexico Commodity Supplemental Food Program (CSFP) for Seniors

NM HSD partners with community organizations throughout the state to provide nutritious food to supplement the diet of Seniors who may be at risk for malnutrition. Currently, there are 5 regional centers and 122 tailgate sites located throughout the state who distribute a monthly box of food to eligible persons 60 years and older.

### How Do I Qualify for CSFP?

- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services

### How Do I Apply for CSFP?

Applications are available at the warehouses and distribution sites. To Apply for CSFP benefits the applicant or caretaker of the applicant must provide the following information on the application:

- Proof of age and identity: driver license or picture ID
- Beginning January 1, 2020 New Mexico allows Self-Declaration of Income and Residency. No Proof is Needed.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), and the Supplemental Nutrition Assistance Program (SNAP). Non-nutrition programs such as Medicaid, Medicare Savings Program (MSP) and Low Income Home Energy Assistance Program (LIHEAP) are also available for qualifying persons. Information is available through the Income Support Division county offices and on line at

<https://www.yes.state.nm.us>.

**This Institution is an Equal Opportunity Provider.**

## Monthly Food Package Effective February 1, 2020

Commodity Food Group Package	Food Item	Amount Each Month
<b>Fruits and Juice</b>	Canned Fruit (15.5 oz.) Juice (64 oz.) Raisins (15 oz.)	1 Juice and 3 cans Fruit; <b>or</b> 2 Juices and 2 cans Fruit; <b>or</b> 1 package Raisins, 1 Juice and 2 cans Fruit; <b>or</b> 1 package Raisins, 2 Juices and 1 can Fruit
<b>Vegetables</b>	Canned Vegetables or Soup (10.5 – 15.5 oz.) Dehydrated Potatoes (1 lb.)	8 cans Vegetables or Soup; <b>or</b> 6 cans Vegetables or Soup and 1 package Dehydrated Potatoes.
<b>Cheese</b>	Cheese (2 lb.)	1 package Cheese
<b>Milk</b>	UHT Fluid Milk 1% (32 oz.) Instant Nonfat Dry Milk (12.8 oz.)	2 UHT Milk; <b>or</b> 1 UHT Milk and 1 package Nonfat Dry Milk
<b>Meat, Poultry and Fish Can or Pouch</b>	Beef, Beef Stew or Chili (24 oz.) Chicken (10 – 15 oz.) Tuna (12 oz.) Salmon (14.75 oz.)	1 (24 oz.) shelf-stable package Meat and 1 (10 -15 oz.) shelf-stable package Poultry or Fish; <b>or</b> 3 (10-15 oz.) shelf-stable packages Poultry and/or Fish in any combination
<b>Plant-Based Protein</b>  Currently 1 Unit 3 Units begin April 1, 2020	Peanut Butter (16 oz.) Canned Beans (15.5 oz.) Dry Beans (1 to 2*lb.) Dry Lentils (1 lb.)	3 Units of any combination of Canned Beans, (1lb.) Dry Beans or Lentils, and Peanut Butter <b>or</b> 1(2*lb.) unit Dry Beans and 1 unit Canned Beans, Peanut Butter or (1 lb.) Dry Beans or Lentils
<b>Cereals</b>	Dry Cereal (12 – 18 oz.) Farina (18 oz.) Rolled Oats (18 oz.) Grits (2 lb.)	2 Units of any combination of Cereal, Farina, Rolled Oats (18 oz.) and Grits (2 lb.)
<b>Pasta and Rice</b>	Pasta (1 lb.) White or Brown Rice (1 lb.) White Rice (2*lb.)	2 Units of any combination of Pasta and (1 lb.) Rice <b>or</b> 1 (2*lb.) unit Rice

**Call the nearest regional center for more information on eligibility, and to find the location closest to you. Four contractors support all 33 NM counties:**

**Central Region**

Economic Council Helping Others, Inc.  
(ECHO, Inc.)  
300 Menaul Blvd NW, Ste. 226,  
Albuquerque, NM 87107  
**505-242-6777**

**Bernalillo, Cibola, Los Alamos, Rio Arriba (Española), Sandoval, Santa Fe, Valencia**

**Southern Region**

Loaves and Fishes, Inc.  
320 Southgate Court, Las Cruces, NM 88005  
**575-523-1272**  
**Doña Ana, Luna, Otero (Alamogordo & Tularosa), Sierra**

**Eastern Region**

The Salvation Army Roswell Corps  
207 Chisum St., Roswell, NM 88201  
**575-625-2030**  
**Chaves, Colfax, Curry, De Baca, Eddy, Guadalupe, Harding, Lea, Lincoln, Mora, Otero (Mescalero), Quay, Roosevelt, San Miguel, Socorro, Taos, Torrance, Union**

**Northwest Region**

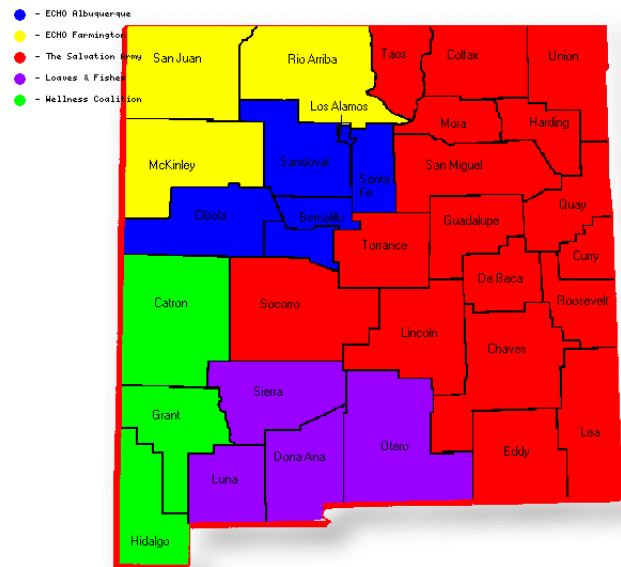
Economic Council Helping Others, Inc.  
(ECHO, Inc.)  
401 S. Commercial St., Farmington NM 87401  
**505-326-3770**

**McKinley, Rio Arriba, San Juan, Sandoval (Cuba)**

**Southwest Region**

The Wellness Coalition  
524 De Moss, Lordsburg, NM 88045  
**575-956-3056**  
**Catron, Grant, Hidalgo**

CSFP Counties of Service



Source: @nympa.net(3)



**EFFECTIVE FEBRUARY 25, 2020      NM HSD FANS      CFSP INCOME GUIDELINES**  
**FEDERAL SENIOR POVERTY GUIDELINES 130%**

No. of Household Members	Total Income		
	Annual	Monthly	Weekly
<b>1</b>	<b>\$16,588</b>	<b>\$1,383</b>	<b>\$319</b>
<b>2</b>	<b>\$22,412</b>	<b>\$1,868</b>	<b>\$431</b>
<b>3</b>	<b>\$28,236</b>	<b>\$2,353</b>	<b>\$543</b>
<b>4</b>	<b>\$34,060</b>	<b>\$2,839</b>	<b>\$655</b>
<b>5</b>	<b>\$39,884</b>	<b>\$3,324</b>	<b>\$767</b>
<b>6</b>	<b>\$45,708</b>	<b>\$3,809</b>	<b>\$879</b>
<b>7</b>	<b>\$51,532</b>	<b>\$4,295</b>	<b>\$991</b>
<b>8</b>	<b>\$57,356</b>	<b>\$4,295</b>	<b>\$1,103</b>
<b>For each additional family member, add</b>	<b>+\$5,824</b>	<b>+\$486</b>	<b>+\$112</b>

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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**New Mexico Human Services Department, Income Support Division, Food and Nutrition Services Bureau**  
 1425 William SE, Albuquerque, NM 87102-4661  
 505-841-2693 or 505-841-2690