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Youth Recovery and Resiliency Topics at Behavioral Health Collaborative Conference, December 8-11

National and Local Experts Discuss Issues Facing Today’s Youth

SANTA FE - The New Mexico Behavioral Health Purchasing Collaborative’s Second Annual Conference, “Real People, Real Lives” is dedicating one entire track on Youth Resiliency and Recovery with national and local experts that will lead participants through workshops discussing issues facing today’s youth. The four-day conference is December 8-11, 2009 at the Embassy Suites in Albuquerque.

“How New Mexico supports its youth during times of crisis and stability is extremely important,” said Dr. Steven Adelsheim, UNM Health Sciences Center. “Recognizing and intervening early with children who are “at-risk” of behavioral health issues can make all the difference in that child or youth’s life as well as the community as a whole.”

The Youth Resilience and Recovery track at the 2009 Collaborative conference include the following presenters:

➢ **Olga Acosta Price, PHD** - Director of the Center for Health and Health Care in Schools at the George Washington University will explore ways in which schools and other child and youth serving agencies can incorporate the youth and family perspective in behavioral health program development, implementation, and evaluation; and most importantly, on why and how to create youth advisory councils and parent forums, as well as conversations about the common impediments to success.

➢ **Lizzie Simon** – Author of DETOUR, My Bipolar Road Trip in 4D, brings her own personal experience with bipolar disorder, stigma and wellness to her presentation that promises to include lively and frank discussion on these issues.

➢ **Lynn Pedrazza, Kendra Moulton and Lisa Scheuner** – All members of the Albuquerque Public School’s Health and Wellness Department will share a vision on how districts can reframe the constant challenge of schools as the “defacto health/mental health system” to a continuum of internal or external behavioral supports for all students.

➢ **Jenn Jevertson** – Of the Santa Fe Mountain Center, focuses on application of methods to an anti-bullying program through the Santa Fe Mountain Center.

➢ **Michael Glass, PhD** – Chair of the Department of Kinesiology at the University of New Hampshire will showcase a number of successful experimental, adventure-based therapy programs that have been employed with different populations across the country.

➢ **Dr. Gass and Sky Gray** – Executive Director of the Santa Fe Mountain Center will go into depth about the critical elements of successful programs. Participants will learn about treatment approaches, staff training and evaluation and outcome tracking.
Steve Adelsheim, MD, and Margaret Migliorati – From the EARLY Program, this track will detail a state-of-the-art treatment model identifying young people who are at-risk of developing a psychotic disorder and providing treatment as a form of early intervention and possibly prevention.

Shirley and Jose Villegas – Suicide Prevention Coordinators and Natural Helper Students from Pojoaque High School will focus on *Youth Suicide Prevention for Youth, by Youth* which is an interactive presentation presented by Natural Helpers from Pojoaque Valley high School.

Gloria Radoslovich, Linda Zimmerman, Anne Sonya Martinez, Sharon Lewis-Chacon – From the Sandhill Child Development Center, this workshop will highlight a neurodevelopment approach to working with children in a residential treatment setting who have experienced neurodevelopment insult or trauma.

*Love and Chaos*: Monologues from Parents of Behaviorally Different Children will be a presentation of personal stories written and delivered by parents served by the New Mexico Family Network. The group performance will be facilitated by Tanya Taylor Rubinstein, Artistic director of Project Life Stories, and Leanna Sifuentes from the New Mexico Family Network.

Amber Carreon – With the Family Crisis Center will enhance the participant’s understanding of the dynamics of teen dating violence as a distinct type of violence experienced by youth and the serious public health implications it has in our state.

The conference has applied for Continuing Education approval from several professions and boards.

Early bird registration ends November 21, 2009. Four-day attendance registration, which includes Ethics or Cultural Competency Training, is $260, three-day attendance registration is $169 and one day attendance registration is $80. Registration scholarships are available for providers and educators, family members and youth.

For complete information about the conference, agenda, registration, continuing education, scholarships and more please visit the conference website at [www.bhcollaborative.org](http://www.bhcollaborative.org) or contact Harrison Kinney at Harrison.kinney@state.nm.us

*About the Collaborative*

The Collaborative was created during the 2004 Legislature to allow most state agencies and resources involved in behavioral health treatment and recovery to work as one in an effort to improve mental health and substance abuse services in New Mexico. This cabinet-level group represents 15 agencies and Governor Bill Richardson’s office.

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